



Manchester Wellness Coalition Zoom Meeting Minutes

March 23, 2021

Participants: Ray Berg, Jane Thompson, Ruth VanBogelen, Pat Vaillencourt, Autumn Orta, Siobhan Gorman, Reiley Curran, Alex Duranczyk, Laura Seyfried, Brad Bezeau, Matt Pegouskie, Lori Kintz

Meeting Notes:

Ray Berg called the meeting to order and welcomed coalition members and guests.

MEETING HIGHLIGHTS:

1. 2021 Community Health Needs Assessment – Reiley Curran presented data from the SJM/C service area, 10 year highlights, same priority needs as in past years (Obesity, heart disease/stroke; substance abuse and mental health; preconceptual and perinatal health); social isolation was selected as the priority need for the system; next CHNA will be implemented this year; social determinants of health (ie., food security, housing) are a driving force in prioritization; summary is available on Pptx;

Comments:

- We will share this slide show with coalition members for year 10 planning
 - Suicide seemed higher than usual - MiPHY
 - 5HF survey data available but not used in this report
 - Could there be significant changes pre/post pandemic?
 - Can we get more information on the 47% increase in food insecurity issues – Reiley to get more information from Food Gatherers and the data source/citations – CRC does track the food pantry usage and there has been a 30% increase in 2020 but now has stabilized
 - Social isolation present especially in families of people with disabilities – Jane Thompson to get additional information
 - Contact Reiley at reiley.curran@stjoeshealth.org
2. 5HF Regional Planning Update – Matt reported that the 5HF Board has approved the new budget as follows:
 - \$25,000 per year for 3 year period – can be spent all at once or over the 3 year period at coalition discretion
 - \$2000 per year for 3 years for sponsorships
 - Regional Planning budget \$500,000 for 3 years - the new CSI has met and is reviewing data; RFP will be announced in June/July; (Laura Seyfried is a member of the new committee)
 3. Year 10 Manchester Coalition Planning – Manchester can proceed with planning. Community Forum may be scheduled to get community input if possible; review available data; more information will be available at the April coalition meeting; article in Manchester Mirror to be drafted; Manchester summer camps is interested in proceeding this summer 2021; Ruth will convene the Data Review Committee

4. One Big Thing Update – One Big Connection is in the planning stages; Siobhan reported that we should look for additional partners on mental health/wellbeing (like school counselors) to work with; young adults may be missed with resources because they have not been able to establish independence yet (post COVID); stigma associated with asking for assistance and many needs remain unmet; OneBigConnection.org will launch this Spring
5. MHS Student fitness videos – Lori presented one of the many excellent student videos. Overall, Manchester high school students contributed significantly to the SkyWell project. See all the finished videos here: <http://bit.ly/2LDEGCp>
Thank You Manchester High School!

6. General Announcements

- Can we promote vaccine availability? Should we look for signup opportunities to publicize? Autumn reported that the recommendation is to register at the local health department; Faith In Action shared on their social media pages; opportunities available through local large pharmacies; school district is working with local health department; April 5 all residents age 16 above eligible per state guidelines; CRC staff available to help seniors register for a vaccine; Ray will draft something for the coalition to review
- Connected magazine will hit your mailboxes in early April. Don't miss it!

Next meeting: April 27, 2021 – TBD

HAPPY SPRING!

